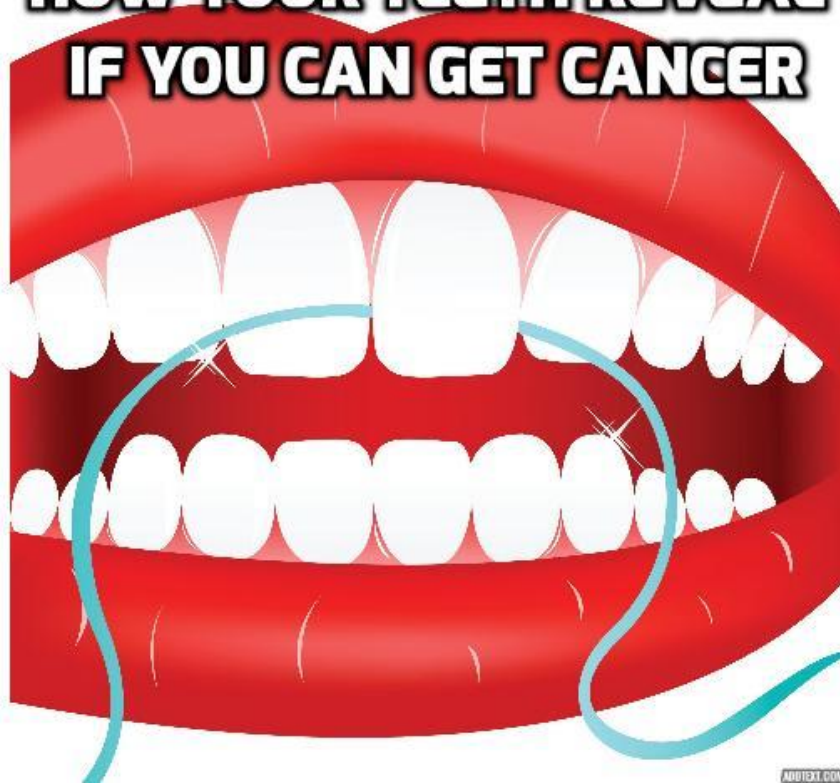


What Is the Relation Between Teeth Health and Cancer Risk?

HOW YOUR TEETH REVEAL IF YOU CAN GET CANCER



They say your eyes are the window to your soul.

But you may want to take a closer look at your teeth for a glimpse of your future health.

That's because plaque build-up not only creates an ugly smile, cavities and bad breath – it's also known to increase your risk of [heart disease](#), dementia and [rheumatoid arthritis](#).

And now, according to Swedish researchers, there is a strong link between teeth health and [cancer](#) risk!

On your mark... get set... brush!

The American Dental Association recommends thoroughly brushing your teeth at least twice a day and flossing daily to prevent harmful plaque build-up.

But sometimes that's not enough – or years of plaque have already created cavities, gum disease or worse in your mouth.

If so, you need to get serious about taking care of your teeth now. And if you're not a fan of the dentist chair I have good news for you.

"You can minimize your tooth decay, prevent it entirely, and even heal tooth decay once a cavity has formed," says Ramiel Nagel, author of Cure Tooth Decay: Heal and Prevent Cavities with Nutrition.

I highly recommend his book for those looking for a natural solution for cavities and gum disease.

But if keeping a good smile isn't reason enough to brush, floss and take other steps to keep your teeth and gums disease free... maybe keeping your life will.

Save Your Smile... Save Your Life?

Remember that new study I mentioned out of Sweden? Researchers there followed 1,390 randomly selected, healthy young Swedes from 1985 through 2009.

At the beginning of the study, every participant underwent a thorough dental examination. Then they were tracked for the next 24 years with periodic examinations.

Now for the shocking news about the link between teeth health and cancer risk: researchers discovered after accounting for increased risk from smoking, education, income and even number of dental visits, those who had a higher dental plaque index were **79% more likely to die prematurely.**

Of those who died during the study, 60% died from cancer. Men died an average of 8.6 years earlier than life expectancy while women died 13.1 years earlier.

In an interview with Daily Health News, the study's lead author, Dr. Birgitta Soder, said, "for some people, plaque on teeth triggers a systemic inflammatory response from the immune system, and inflammation is a key feature of many chronic diseases, including cancer."

"It's possible that people with lots of plaque weren't able to recover from cancer because the plaque might have led to continuing high levels of systemic inflammation," she further explained.

[A Reason to Smile](#)

While it's sad some of the study participants died prematurely, there's a silver lining here for you: It's not too late for you to do something about systemic inflammation that, as Dr. Soder suggested, may put a premature end to your life.

First of all, [take good care of your teeth](#) to prevent plaque build-up. And second, help your body fight systemic inflammation by giving it all-natural proteolytic enzymes.

Proteolytic enzymes are your body's completely safe, natural answer to systemic inflammation. They work to turn off runaway inflammation once healing has run its course... break down and carry away artery-clogging fibrin... help clean out toxins from your blood... and much more.

Until around age 27, your body makes [proteolytic enzymes](#) in abundance. But after that, production falls off a cliff.

That's why you need to take an all-natural proteolytic enzyme supplement. And our [Heal-n-Soothe®](#) not only has the strongest and highest potency proteolytic enzyme formulation on the market – it also includes eleven more of nature's best natural anti-inflammatories, all in one supplement.

So brush, floss, and take a daily dose of [Heal-n-Soothe®](#) to help fight dangerous systemic inflammation.

[Get Heal-n-Soothe® HERE To Protect Yourself from Systemic Inflammation!](#)

You may also watch this [Video HERE](#) to understand more about [Heal-n-Soothe®](#)

To find out more about how fingernails can tell us a lot about our health status, click on [Fingernails and Your Health](#)

You may want to click [HERE](#) to read this – 5 Health Warnings to Watch for on Your Tongue.

Also click [HERE](#) to read – What Your Stool is Telling You

By Jesse Cannone - Creator of the International Best-Selling Back Pain Treatment Program "Lose the Back Pain System" and Best-Selling Book "The 7 Day Back Pain Cure"

Unlike most treatments which only deliver temporary relief, if any at all, muscle balance therapy delivers lasting relief to 8 out of 10 people who use it because it addresses the underlying cause of the pain, not just the symptoms.

If you are suffering from any type of back pain, neck pain or sciatica, I urge you to learn more about this breakthrough new treatment. [Click HERE](#) to learn more

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